

Breast Cancer Support Group



Please join us for a bi-monthly breast cancer support group

This support group gives recently diagnosed breast cancer patients the opportunity to meet other women who are sharing similar experiences. Please join us as we come together to discuss managing emotions and stress, nutrition, exercise, and many other topics that can help those touched by breast cancer.

The group's moderators teach relaxation and coping techniques, as well as guided imagery and meditation. We share personal testimonials and invite guest speakers to present on a variety of topics. Participants are encouraged to give suggestions for future topics and speakers.

Co-facilitators: Catherine Hagan-Aylor, Carilion Clinic Breast Care Center (CCBCC) Advanced Practice Nurse

Dates: First and third Tuesday of each month

Time: 6:30 – 8 p.m.

Location: CCBCC, Diagnostic Center
102 Highland Ave., Suite 202
Roanoke, VA 24013

For questions and to RSVP, contact Catherine Hagan-Aylor at 540-224-6939.

If you do not wish to continue to receive further communications of this type, please contact us at 540-224-6939.



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